Disinfectant	Recommended Use	How They Kill	Advantages	Disadvantages
Quaternary Ammonium Compounds • Long-proven history of use and effectiveness • Large list of selected healthcare and institutional EPA registered formulations to choose from • Eye and skin irritant • Corrosive • Toxic	 Disinfection and cleaning of hard, nonporous surfaces (walls, floors, countertops, furniture, etc.) Healthcare and institutional settings 	Attaches to cell wall and affects the proteins and cell membrane of the microorganism, causing death. Releases nitrogen and phosphorous from the cell.	 Can be formulated with surfactants (cationic or nonionic) to provide effective cleaning and disinfecting in one easy step Rapid action, colorless, odorless, and highly stable May be used on food preparation surfaces. Broad spectrum kill 	 Does not eliminate spores, TB bacteria, and some viruses Effectiveness influenced by hard water Layer of soap interferes with action
70% Isopropyl Alcohol Solution • Flammable • Eye irritant • Toxic	Cleaning some instruments Cleaning skin	Changes protein structure of microorganism. Presence of water assists with killing action.	Fairly inexpensive	 Using < 50% not very effective Flammable Not active when organic matter is present Not active against certain types of viruses Evaporates quickly; contact time is not sufficient
Chlorine Compounds - >1000 ppm Sodium Hypochlorite - Use caution when handling - Eye, skin, and respiratory irritant - Corrosive - Toxic	Cleaning up human bodily fluids Bactericidal Fungicidal Sporicidal	Hypochlorous acid forms when chlorine is added into water. The hypochlorous acid allows oxygen to combine with the cell protoplasm and the chlorine inhibits enzymatic activities, destroying the microorganism.	 Kills hardy viruses Kills a wide range of organisms Inexpensive Penetrates well Relatively quick microbial kill May be used on food preparation surfaces 	Corrodes metals such as stainless steel and aluminum Organics may reduce activity Increase in alkalinity decreases bactericidal property Unpleasant taste and odor, unstable Will bleach and discolor Tuberculocidal with extended contact time
Glutaraldehyde • Eye, skin, and respiratory irritant • Sensitizer • Toxic	Sterilize precleaned equipment Bactericidal Fungicidal Excellent Tuberculocidal Virucidal Sporicidal	Denatures cell proteins by reacting with cell constituents.	 Nonstaining and relatively noncorrosive Usable as a sterilant on plastics, rubber, lenses, stainless steel, and other items that can't be autoclaved 	 Not stable in solution May leave greasy residue Has to be in alkaline solution Inactivated by organic matter Needs high ppm for effect: Sanitizing: > 1,000 ppm; Disinfection: > 1%



LIQUID DISINFECTANTS 101

Disinfectant	Recommended Use	How They Kill	Advantages	Disadvantages
lodophors Don't confuse skin antiseptic iodophors for disinfectants Dilution is critical Eye and skin irritant Corrosive Toxic	 Disinfecting some semi-critical medical equipment Bactericidal Excellent Fungicidal Excellent Virucidal 	Free iodine enters microorganism and binds with cellular components. Surfactant (carrier) helps penetrate soil/fat. Need 30 - 50 ppm. Kills by disorder of protein synthesis due to oxidation of amino acids.	 Kills broad range of organisms Highly reactive Low tissue toxicity Kills immediately rather than by prolonged period of stasis Not affected by hard water May be used on food preparation surfaces 	 May stain plastics or corrode metal May stain skin or laundry Stains most materials Unpleasant odor and costly Some organic and inorganic substances neutralize effect Effective only in acid solutions Tuberculocidal with extended contact time
Phenolic Compounds Very toxic to handle Eye and skin irritant Sensitizer Corrosive	Excellent as a: Bactericidal Fungicidal Tuberculocidal Virucidal	Gross protoplasmic poison disrupts cell walls and precipitates cell proteins. Low concentrations inactivate essential enzyme systems.	Nonspecific concerning bactericidal and fungicidal action While boiling water could cause rusting, the presence of phenolic substances produce an anti-rusting effect	 Unpleasant odor Some areas have disposal restrictions Effectiveness is reduced by alkaline pH, natural soap, or organic material Effective over narrow pH range Easily deactivated by nonionic surfactants Photo-degradable Too toxic for use on hands
Hydrogen Peroxide (Concentrate) • Strong oxidizer that is not compatible with many chemicals • Very dangerous to work with at concentrated levels • Corrosive	 Bactericidal Virucidal Fungicidal Antiseptic 	Hydrogen Peroxide combines with and oxidizes necrotic matter and bacteria.	Does not leave a residue Degrades into oxygen and water	Strong oxidizer; reacts with a variety of chemicals Useful at a limited pH range (avoid alkalinity) Corrosive While Hydrogen Peroxide is inflammable, the oxygen produced from it is flammable Reactions with Hydrogen Peroxide can cause fire due to excess heat Ineffective as a disinfectant at low concentrations
Hydrogen Peroxide (Ready to Use) • Strong oxidizer that is not compatible with many chemicals	Broad spectrum efficacyBactericidalVirucidalMold, MildewFungicidal	Hydrogen Peroxide oxidizes and pull electrons from the cell molecules causing necrosis.	 Safety of use Speed of efficacy, shorter dwell times Removes stains from mold/mildew Deodorizes, noncorrosive Leaves no residue Degrades into water and oxygen 	Efficacy may not be as broad compared to some quaternary ammonium formulations

